



G.D. GOENKA PUBLIC SCHOOL, EAST DELHI

GDGPSED/PC/22-23/020

CLASSES NUR-XII

Date: 9th May 2022

REFRAIN USING SOCIAL MEDIA

Social media is a double-edged sword.

Whether it is a boon or a bane to society, it ultimately depends upon the person

Dear Parent,

During the past couple of years, the students have been using internet for their online studies; however, it has been observed that the usage of Social Media too has increased by large. Our teenagers and adolescents have taken on the use of social media to the extent that it can have some very severe effects on their overall well-being if not monitored or restricted.

Usage of Social Media may give a rise to many unwanted situations and can have negative effects also such as Cyber bullying, Cyber stalking, Sleep Deprivation, Anxiety, Lower Self-esteem, Social Isolation, Impractical Expectations, Poor Concentration, Decreased Physical Activity, Internet Addiction etc.

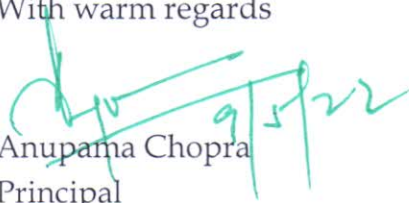
It is further informed that the school does not have any Whatsapp group for the students or the parents, other than Whatsapp Broadcast group for classes Nur-VIII (for initial support during offline classes). It is also suggested that the parents refrain from forming Whatsapp group with the other parents as this invariably gives rise to comparisons between students, gossip and teacher trolling. It also unnecessarily encourages the spread of unclear messages which in turn creates confusion and impatience amongst parents.

The school does not encourage the use of Social Media for communication and any information to be provided to the parent is through the School ERP Portal-Campuscare.

Hence, we look forward to your ward focusing more on academics, personality development and physical activities rather than using Social Media and other related platforms.

Soliciting your cooperation.

With warm regards


Anupama Chopra
Principal